

MIDDLE TENNESSEE SOCCER CAMPS

PHILOSOPHY

The Rhoden Soccer Academy philosophy is to create a safe, fun, educational, and exciting soccer environment that will demand decision-making skills on and off the ball. All RSA camp programs are designed to enhance the abilities of the individual player as well as those of the team. Our programs are structured so that all players will understand how, when, and why to apply their newly acquired technical and tactical knowledge. An emphasis is placed on individual instruction according to each player's skill level and needs.

CAMP FEATURES

- ◆ Licensed, professional coaches
- ◆ On-Site Athletic Trainer
- ◆ Speed, Agility, & Quickness Training
- ◆ Quality dining, residential, & training facilities
- ◆ Q&A with Players and Coaches
- ◆ Positive Learning Environment

OTHER MTSU SOCCER CAMPS...

MIDDLE SCHOOL CAMP

July 15-17 * Ages 10-13 * Girls * 9AM-12PM

JUNIOR RAIDERS I & II CAMPS

June 10-14 * Ages 5-8 * Boys & Girls * 5PM-7PM

June 17-21 * Ages 8-10 * Boys & Girls * 5PM-7PM

GIRLS TEAM CAMP

July 22-25 * Ages 12-17 * Girls Only

Half Day (9AM-12PM) * Full Day (9AM-4PM) * Overnight



Middle Tennessee 2019 College iD Camps

Girl's College iD Camp
March 24 & July 20
Ages 13-17

On the campus of MTSU

WHY CHOOSE MTSU COLLEGE iD CAMPS

This spring and summer Middle Tennessee Soccer will offer a College ID camp that's exclusively for the competitive female player. The College ID Camp is designed to create the best environment in which players can improve their technical skills and tactical awareness. An emphasis is placed on providing individual instruction based on each player's skill level and experience.

Tactics - All campers are trained in small groups as well as in an 11v11 environment based on their age, ability, and position. 1v1 to 11v11 attacking and defending principles are taught in both settings, giving the player an opportunity to showcase her talents in both tactical situations.

Fitness - All players participate in many small sided games each day thus allowing them to improve their skills under game situations. Our training regimen will build a fitness base that the individual player would never achieve alone. Additional sessions based on Speed, Agility and Quickness are also conducted.

Technique - Every training session will provide the players with multiple touches on the ball thus improving their technique. In addition a part of every session every camp session is used to develop the player's technical ability using repetitive and challenging technical drills.

Psychological - Players and the teams participate in daily team building activities that promotes their ability to integrate into a team and enhance the team's chemistry on and off the field. The daily training sessions also assist players with their individual focus, concentration, and discipline.

Recruiting - All players participate in a recruiting Q&A session featuring collegiate coaches and players. The players and their parents will gain valuable insights into the college soccer recruiting process and the demands of collegiate soccer at the NCAA I level.

Per NCAA rule, all Middle Tennessee State University (MTSU) and Rhoden Soccer Academy camps/clinics are open to any and all entrants and are only limited by number, age, grade level and/or gender. Also NCAA rules prohibit free or reduce admissions for prospects (9th grade and above) or the payment of any camp expenses (transportation, camp tuition, spending money, etc.) by MTSU boosters. Contact camp officials with any questions.

www.mtsusocccamps.com

MIDDLE TENNESSEE SOCCER CAMPS

CAMP DIRECTOR



ASTON RHODEN * HEAD COACH

- * Head Coach, Middle Tennessee
- * USSF A License
- * NSCAA Premier Diploma
- * USSF National Youth License
- * NSCAA Goalkeeper Diplomas
- * 3x Sun Belt Conference Coach of the Year

CAMP STAFF

The strength behind all Rhoden Soccer Academy and MTSU Soccer Camps is the knowledge, experience and teaching ability of the camp staff. The camp staff is led by Aston Rhoden, Head Coach at Middle Tennessee, but campers will also learn from other members of the Blue Raider soccer staff and current players. Our camp will create a challenging yet fun environment inspiring you to reach new levels in your game.



CHRIS CAHILL * ASSOCIATE HEAD COACH

- * Assistant Coach, Middle Tennessee
- * NSCAA Premier Diploma
- * NSCAA Advanced National Diploma
- * Former standout collegiate player



YIANA DIMMITT * ASSISTANT COACH

- * Assistant Coach, Middle Tennessee
- * Former Goalkeeper in the WPSL
- * Former standout collegiate player



HOW TO ENROLL

REGISTER ONLINE TODAY AT [WWW.MTSUSOCCERCAMPS.COM](http://www.mtsusocccamps.com)

Online registration is fast, secure, easy, and the preferred way to register for any MSTU Soccer Camps. You may also register by mail.

HOUSING & TRANSPORTATION

HOUSING

Housing will not be provided and is the responsibility of the camper. You may contact us for hotel suggestions close to campus.

AIR TRAVEL & TRANSPORTATION

The closest airport is the Nashville International Airport (BNA) which is located about 30 minutes from campus. Contact us in advance if you need help scheduling airport transportation.

TENTATIVE SCHEDULE

08:30AM	Check-in
09:00AM	Opening Remarks
09:15AM	Training I
10:15am	Small Sided Games
11:30AM	Lunch (provided by camp)
12:15PM	Q&A
01:00PM	Training II
02:00PM	Full Sided Games
03:45PM	Closing Remarks

SOCCER STADIUM



CAMP REGISTRATION FORM

Complete the form below ONLY if registering by mail. Make all checks payable to RHODEN SOCCER ACADEMY and send full payment along with the completed registration form and completed Waiver Form to the address shown below. The waiver can be downloaded from www.mtsusocccamps.com under the Forms link.

MTSU SOCCER OFFICE
1672 Greenland Drive
Murfreesboro, TN 37132

Full Name _____

Address _____

City _____ State _____ Zip _____

DOB _____ Grad Yr. _____ T-shirt Size: __ S __ M __ L __ XL

Cell Phone _____ Home Phone _____

Player's Email _____

Player Position: __ GK __ D __ M __ F Club Team _____

Parent/Guardian _____

Cell Phone _____ Relationship _____

Parent's Email _____

ID CAMP PURCHASE OPTION

March 24 (\$140) July 20 (\$140)

<u>Item</u>	<u>Cost</u>	<u>Qty</u>	<u>Size</u>
<input type="checkbox"/> Camp Ball	\$30	_____	_____

Total Enclosed: \$ _____

CONTACT INFORMATION

Office.....615-898-5316

Email..... aston@RhodenSoccerAcademy.com

Register online at www.mtsusocccamps.com or contact us at 615-898-5316